

## Health Forms General Information

Saint Mary-of-the-Woods College requires all students to submit a completed Health Examination Form that will be kept on file in the Health Office. It is necessary for you to have a health exam by a physician and to submit any other pertinent information such as your immunization records.

It is recommended that you make an appointment for a physical as soon as possible so that all of your records are submitted in advance of your arrival to campus. In addition, you should have a discussion with your family and your physician regarding the bacterial meningitis vaccine that is available from your physician. While this is not a required vaccine in the state of Indiana or by the College it is recommended that you discuss this option with your physician.

Upon your arrival to the College you will be required to fill out an emergency contact form that will be kept on file and utilized in the event of an emergency hospitalization so that we may provide the attending physicians with information regarding allergies and special medical situations. The form will also ask for the names and phone numbers of individuals that you would like us to contact for you in the case of an emergency.

If you are insured under your family policy please make sure that when you come to campus that you have a copy of the medical insurance policy card to utilize when necessary. If you are not covered under any health plan and wish to obtain coverage you should contact an independent insurance agent that should have a variety of policies that are tailored specifically for students. The College does not offer a student health insurance program.

A registered nurse will be on campus twice a week during the academic year to answer your health needs or questions. She can refer you for immediate medical attention, as can the Campus Life staff. The College also offers a counseling center for the students. Counseling sessions are confidential and free to all enrolled students. The counseling center is staffed by a full-time licensed therapist. The College has various agreements with the local hospitals and several physicians to provide both physical and mental health services. The nurse and counselor will also be available on arrival day to answer any of your questions.

Finally, it is imperative that you provide us with as much information as possible including recent history/ conditions including medications, therapies, and special needs that will impact your quality of life as a student at Saint Mary-of-the-Woods College.

*If you need additional information, please contact:*

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